



Spiritual Warriors

Yoga Workshop with Sharon Price



Imperial Rooms, Matlock

10th July 2016

10:00am – 1:00pm Price £20

In Buddhism for one who combats the universal enemy: self-ignorance (avidya), the ultimate source of suffering according to Buddhist philosophy. How can our yoga practice enlighten us to lift this self-ignorance? Let's explore our inner warrior cutting through the veils of illusion.

Contact Sharon to reserve your place on

01629 57896 or 07985 483090

Email: sharon@sharonprice.com

Sharon Price – British Wheel of Yoga Teacher, Senior Yoga Alliance professional and co-founder of Pure light Yoga School



Contact Sharon for bank transfer details or send a cheque payable to 'Sharon Price' and return to:

Booking form

Name.....

Address.....

Email.....

Phone no.....

I would like to book a place on 'Spiritual Warriors

Sharon Price - 2 Masson Terrace, Tansley, Derbys, DE4 5FH