



CPD Workshop for Teachers & Student Teachers *Using Modifications and Props* *with Sharon Price and Wendy Snongjati*

15th July 2017 – 9:30 am to 1:30 pm
The Venue, Unit 4, Olde English Road, Matlock, DE4 3RR

Price £40 (Booking essential)

Sharon and Wendy, co-founders of Pure Light Yoga School, are excited to be delivering this Continued Professional Development course: Using Modifications and Props.

Sharon and Wendy are Yoga Alliance Senior Yoga teachers and this workshop will count towards your CPD requirements.

This workshop will examine how you can use props and modifications effectively to suit the needs of every student in your class. We will consider a variety of key yoga poses, together with their contraindications and precautions, and explore the potential options available to make these poses accessible to your students using modifications and props.

For further information, please email sharon@sharonprice.com or wsnongjati@hotmail.com

Contact Wendy for bank transfer details or send a cheque for £40 deposit, payable to Wendy Snongjati to: Wendy Snongjati, 2 Rockside Mews, Wellington Street, Matlock, DE4 3RW.



Booking form – Using Modifications and Props

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- I have paid £40 by bank transfer (to Wendy Snongjati account)
- I enclose a cheque for £40 payable to 'Wendy Snongjati'

Name	
Address	
Phone	
Email	

